SFSU Post-Bac Program Info Session

Trailers R-1 & R-4

Jan 31, 2013
Introduction

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Director:
• Formal Post-Bac Program
• Dental Post-Bac Program
• Pre-Nursing Post-Bac Program
• Summer Science Institute
SFSU Pre-Health Programs

We administer three pre-health post-bac programs, a pre-health undergraduate program, and their associated faculty and staff. At present, these programs employ about 30 people and directly serve about 300 SF State students.

We also provide advisory support to 100’s of pre-health SF State undergraduates, including pre-nursing students.
Our Mission

Short-term Goals:

- To provide academic support and caring guidance so that participants become successful applicants to graduate health profession schools.
- To increase the number of disadvantaged students and underrepresented minorities gaining entry to these schools.
Our Mission

Long-Term Goals:

- To lessen health care disparities by better matching health care provider and patient populations.
- To increase the number of health care providers practicing in underserved areas.
Our Programs

- Formal PB
- Nursing PB
- Dental PB
- Summer Sci Inst

HCOP
SFSU
Stanford Medical School
UC Berkeley School of Public Health
Formal PB

Career-Changers (Pre-Reqs)
2 years, N=60/yr

Academic Enhancers (Upper-Div)
1-2 years, N=60/yr
85% Med, 10% Dent, 5% Other
30% URM, 60% SoC, 35% Disadv

Tuition = $12,000-$15,000/yr
~80% Success Rate
~200 Total Students (CEL)
Dental PB
1½ years, N=16/yr
Academic-Enhancers (Upper-Div)
Dent Only
50% URM, 90% SoC, 100% Disadv
Tuition = $7,700/yr
90% Success Rate
~30 Total Students (Matric)
Application Timeline

- **Formal PB CCTs**
  - ~60 admitted during summer
    - Deadline: March 1
  - ~15 admitted as fall and spring transfers
    - Deadlines: June 1 and October 1

- **Formal PB AETs**
  - 10-30 admitted each summer, fall and spring
    - Deadlines: March 1, June 1 and October 1

- **Dental PBs (AETs)**
  - ~18 admitted each summer
    - Deadline: April 1
Application Process

- Online Application
  - List of schools and GPAs
  - List of relevant courses and grades
  - Unofficial transcripts
  - Personal statement with 6 prompts
  - Up to 20 experiences
  - 2-3 Letters of Reference
    - Due within 2 weeks of application deadline
  - $65 application fee
  - File FAFSA
  - Get SFSU ID number
Application Process

- **Official Transcripts**
  - Due within 4 weeks of application deadline

- **Interviews**
  - *Two x 30 min*
    - Most in-person at SFSU
    - Some by Skype if living far away

- **Admission Offer**
  - *Statement of Intent*
  - *$500 non-refundable processing fee for Formal PBs but not Dental PBs*
    - Due within 2-3 weeks of admission offer
Cohorts

- **Formal PB CCTs (Cohorts 1-8)**
  - *Yearly since summer 2006 (N=18-78)*

- **Formal PB AETs (Cohorts A-D)**
  - *Each semester since summer 2008 (N=48-59)*

- **Dental PBs**
  - *Yearly since summer 2007 (N=16-20)*

- **Nursing PB (Cohorts α–β)**
  - *Yearly since summer 2012 (N=40)*
Courses

- Med & Dent Pre-Req Lectures (10)
- Med & Dent Pre-Req Labs (8)
- Nursing Pre-Req Lectures (9)
- Nursing Pre-Req Labs (5)
- Pre-Health Electives (20)
- Public Health & CAM (4)
- Discussion Sections (25)
- Colloquia (5)
- Special (4)
Costs

- **Formal PB & Pre-Nursing PB**
  - *Core & Electives:* $500/unit
  - *Support Classes:* $200 each
  - *Same for in-state and out-of-state*
  - *About $15,000 per year*

- **Dental PB**
  - *$2,440 per semester 1-6 units*
  - *$3,850 per semester 7-20 units*
  - *Out-of-State: additional $372/unit*
  - *About $8,000 per year ($17,000)*
Financial Aid

- **Formal PB & Pre-Nursing PB**
  - Non-matriculated status
  - Federal loans up to lifetime limit of ~$71,000
    - 1 year limit
  - Private Loans – may need co-signer

- **Dental PB**
  - Matriculated status
  - Some federal grants
  - Federal loans up to lifetime limit of ~$71,000
  - Private Loans – may need co-signer
HPAC Student Support

- Advising
  - Shannon, Barry, Mike, Luna, Aaron, Kay, Princella, Vy
  - Biana, Harv, Sahand, Aaron
  - Luna, Amanda
  - Rachel, Beza, Vy

- Colloquia
  - Barry, Shannon, Mike, Luna, Rachel
  - Biana, Harv
  - Luna, Amanda
  - Rachel, Barry

- Letters
  - Barry, Shannon, Mike, Dennis
  - Biana, Harv
  - Luna, Amanda
  - Rachel

- Support Groups
  - Steve C

- Counseling
  - Lightfoot, Donna

- Learning
  - Terry, Donna

- Fin Aid
  - Christina D

- UG Advice
  - Terence, etc.

- MCAT
  - Mike, Rachel E

- DAT
  - Biana

- Advocacy
  - Barry, Harv, Biana

- Letter Svc
  - Dennis

- Speakers
  - Ed, Dani

- Writing
  - Max, Kelly

- Tutoring
  - Mike
HPAC Leadership

Leadership Team
Barry, Shannon, Mike, Luna, Biana, Rachel

Formal PB
Barry, Shannon, Mike, Luna

Dental PB
Barry, Biana, Harv, Sahand, Aaron

SSI
Barry, Luna, Amanda

Nursing PB
Barry, Rachel, Beza

HCOP
SF State
Stanford School of Medicine
UC Berkeley School of Public Health
Meet the Leaders

- Dr. Shannon Anderson (Formal PB Co-Director)
- Dr. Mike Small (Formal PB Co-Director)
- Sahand Soltani (Dent PB Coordinator)
- Rachel Small (Pre-Nursing PB Co-Director)