

Post-Test for Prostate Cancer  
(all answers are contained in the article)

1. The majority of men with prostate cancer have no symptoms at all which is why annual routine screening is highly recommended.  
Circle One - True or False
  
2. The Annual Digital Rectal Exam by a physician or urologist and the PSA (Prostate Specific Antigen) blood test are the two tests for diagnosis of prostate cancer. Circle One - True or False
  
3. Once cancer is diagnosed more tests will be conducted to see if cancer cells have spread from the prostate to other organs, body parts, or surrounding tissue. This is called “staging”.  
Circle One – True or False
  
4. Write in your answer. List at least two symptoms that may indicate prostate disease or cancer:  
  

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5. Which cancer is most common in males 15-34 years of age?  
Circle One – Testicular Cancer, Penis Cancer, Prostate Cancer
  
6. Prostate cancer mortality rates of Japanese immigrants in the United States compared against men in Japan show substantially higher mortality among Japanese-American males. This finding suggests that external factors, not hereditary factors play the major role in causing the disease. Circle One – True or False
  
7. List one function of the prostate gland. \_\_\_\_\_  
  

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8. What causes tumors of the prostate to grow?  
Circle One - testosterone, estrogen, ultraviolet rays from the sun
  
9. Dietary health is linked to prostate cancer. If you eat more dietary fat found in meat, dairy and animal products there is an increased risk of tumor growth? True or False

10. The prostate often enlarges as men age and it may block the urethra or bladder, which may cause difficulty in urinating or may interfere with sexual function. This may not be prostate cancer, but another disorder or possible precursor to cancer. What is it called?

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11. For advanced prostate cancer, hormone therapy is used. Male hormones (especially testosterone) can help the cancer grow as it feeds the tumor cells. Urologists can inject pellets or liquid hormones to reduce testosterone production by the testicles. What is the name of this anti-androgen?

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12. What is the name of the surgery and operation to remove the testicles so the testicles stop producing testosterone? \_\_\_\_\_

13. What is the name of the legal document that a person prepares to have their medical decisions respected regarding treatment decision making if and when they are unable to make decisions on their own behalf? \_\_\_\_\_

14. One common side effect that occurs from lowering the male hormone is hot flashes, that is similar to menopause for females. True or False?

15. Depression may result from this medical crisis. What can you do to help with symptoms of depression? \_\_\_\_\_

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